

Nutrition Facts

1 serving per container

Serving size

1/2 cup (104g)

	Per serving	Per container
Calories	180	760
	% DV*	% DV*
Total Fat	8g 10%	32g 41%
Saturated Fat	5g 25%	22g 110%
Trans Fat	0g	0g
Cholesterol	15mg 5%	65mg 22%
Sodium	30mg 1%	125mg 5%
Total Carb.	25g 9%	104g 38%
Dietary Fiber	3g 11%	14g 50%
Total Sugars	20g	82g
Incl. Added Sugars	1g 2%	6g 12%
Protein	3g	14g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	90mg 6%	380mg 30%
Iron	0mg 0%	1.5mg 8%
Potassium	150mg 4%	630mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Important Notice

The product manufacturer is responsible for insuring the accuracy of the final data and for using the correct label format. This information is no substitute for chemical analyses but is intended to provide estimates of composition.

INGREDIENTS: PASTEURIZED ORGANIC MILK, PASTEURIZED ORGANIC CREAM (MILK), ORGANIC CANE SUGAR, SKIM MILK, MALTODEXTRIN, DEXTROSE, STABILIZER (GUAR GUM, SUCROSE, CARRAGEENAN, LOCUST BEAN GUM, POTASSIUM CHLORIDE), RASPBERRIES, CHOCOLATE (CACAO BEANS, CANE SUGAR, COCOA BUTTER, SUNFLOWER LECITHIN, VANILLA BEANS), ORGANIC CANE SUGAR, LEMON JUICE.